



Accomodation and Transportation services Frosta Brygge

Frosta Brygge is pleased to offer transportation from Trondheim to Frosta Brygge, inclusive of lodging and meals

Frosta Brygge is a newly established hotel and restaurant that provides 14 double rooms for lodging, along with an unforgettable seafood experience right by the shores of Thronheimsfjorden





Accommodation and Transportation services Frosta Brygge

Restaurant

Frosta Brygge offers both indoor and outdoor options, as well as a rooftop terrace. We have seating capacity for 200 guests for dining services





Accommodation and Transportation services Frosta Brygge

Restaurant

At our restaurant, you can enjoy single dishes as well as composed 3, 4 or 5-course meals

Restaurant / Bar



Hotell

LUNCH MENU

FISH SOUP NOK 195,-

Shrimps, mussels, fish and vegetables
Contains: Fish, shellfish, molluscs, milk, celery and sulphites

SHRIMPS NOK 210,-

Wild garlic mayonnaise, lemon and bread
Contains: Shellfish, egg, mustard and gluten (wheat)

MUSSELS NOK 240,-

Steamed in curry with French fries and wild garlic mayonnaise
Contains: Molluscs, mustard, egg and sulphites

SMÅTTA BURGER NOK 240,-

Burger, lettuce, tomato, pickled red onion, cheese, French fries and wild garlic mayonnaise
Contains: Gluten (wheat), milk, egg, mustard and sulphites

Can also be served as vegetarian with a vegetarian burger from Grønne Folk
Contains: Gluten (wheat), egg, mustard and sulphites

SNACKS

POTATO CHIPS NOK 35,-

NUTS NOK 45,-

Contains: Peanuts

GREEN OLIVES NOK 75,-

DESSERT

CHOCOLATE CREAM NOK 170,-

Local raspberries
Contains: Egg, milk and nuts (traces)

CAKE OF THE DAY NOK 55,-

Ih: Gluten (wheat), egg, milk and nuts (traces)

We make smaller portions for the little ones, just ask your server

Restaurant / Bar



Hotell

DINNER MENU

SALMON TARTARE NOK 185,-

Cucumber, apple, sour cream sauce horseradish and dill
Contains: Fish and milk

SHRIMPS NOK 210,-

Wild garlic mayonnaise, lemon and bread
Contains: Shellfish, egg, mustard and gluten (wheat)

MUSSELS NOK 240,-

Steamed in curry with French fries and wild garlic
Contains: Molluscs, mustard, egg and sulphites

SMÅTTA BURGER NOK 240,-

Burger, lettuce, tomato, pickled red onion, cheese, French fries and wild garlic
Contains: Gluten (wheat), milk, egg, mustard and sulphites

Can also be served as vegetarian with a vegetarian burger from Grønn Folk
Contains: Gluten, milk, egg, mustard and sulphites

VEGETARIAN NOK 235,-

A selection of local vegetables
Contains: Milk

CATCH OF THE DAY

Please refer to our board in the restaurant

MEAT OF THE DAY

Please refer to our board in the restaurant

We make smaller portions for the little ones, just ask your server

SNACKS

POTATO CHIPS NOK 35,-

NUTS NOK 45,-

Contains: Peanuts

GREEN OLIVES NOK 75,-

CHEESE AND CURED MEATS NOK 350,-

Norwegian cheese and cured meats, olives, artichoke and honey
Contains: Milk and gluten (wheat)

DESSERT

CHOCOLATE CREAM NOK 170,-

Local raspberries
Contains: Egg, milk and nuts (traces)

RASPBERRIES NOK 160,-

Vanilla ice and Meringue
Contains: Milk and egg

NORWEGIAN CHEESES NOK 165,-

Norwegian cheeses with honey
Contains: Milk og gluten (wheat)

SALMON TARTARE

X
CATCH OF THE DAY
MEAT OF THE DAY

X
NORWEGIAN CHEESE

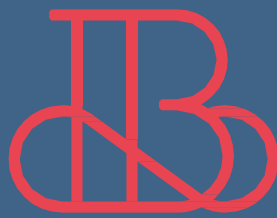
RASPBERRIES

3 course: 575,-

4 course: 605,-

5 course: 660,-

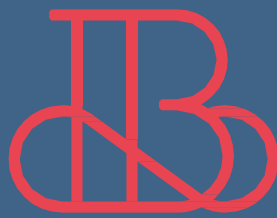
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FROSTA
BRYGGE

Some of our menu dishes





FROSTA
BRYGGE

Some of our menu dishes





Accommodation and Transportation services Frosta Brygge

Lodging/Accommodation

Double room 2.800 kr/night with breakfast





Accomodation and Transportation services Frosta Brygge

Helicopter transportation

Trondheim – Frosta Brygge

6.000 kr/one way (4 pers.), 1.500 kr/pers





Accomodation and Transportation services Frosta Brygge

RIB-transportation

Trondheim – Frosta Brygge

9.000 kr/one way (12 pers.), 650 kr/pers

